

A STUDY OF OPINION OF MOTHERS TOWARDS OUTDOOR GAMES IN RELATION WITH HEALTH STATUS OF PRESCHOOL CHILDREN

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Foods and Nutrition

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Abstract:Investigator also observed that majority 73% of the respondents said that high level influence of outdoors games on healthy physical development of preschool children. Majority 55% of the respondents said that high level influence of outdoors games on good mental development of preschool children. Majority 70% of the respondents said that high level influence of outdoors games on acceptable social development of preschool children and majority 75% of the respondents said that high level influence of outdoors games on positive emotional development of preschool children. The probable reason might be that high level influence of outdoors games on healthy physical development of preschool children because of majority 100% preschool children plays outdoors games. Highly significant ($t \geq 0.05$) difference was found for effect of gender of preschooler and overall development of children by outdoor play. Highly significant ($1 \geq 0.05$) difference was found for effect of types of family of preschooler and overall development of children by outdoor play.

Key words : healthy physical development , children